



Washington County Schools

Commanding Excellence for All

Healthy-At-School Guidance

Health Assessment at School

Parents should complete a quick health self-assessment including temperature check before sending students to school. A temperature check will be performed at school entry and possibly midday.

- **No symptoms or fever** – Proceed to school as normal.
- **Direct exposure but no symptoms** – Students should not attend school if they have been directly exposed and should contact their school administrator to discuss a safe return. Parents should be encouraged to notify their health care provider as well as health department and follow their guidance.
- **Diagnosis but no symptoms** – Student should not come to school if they have been diagnosed with COVID-19. The district and family will work with the local Health Department and medical providers to determine a safe transition back to school.
- **At least one symptom (see chart)** – Students who exhibit at least one symptom should be separated from others in the building and evaluated by the school nurse. The school nurse would follow health protocols in place to determine if the student needed to be sent home or evaluated by a provider.
- Lincoln Trail Health Department will be responsible for notifying families for quarantine guidelines

Signs and symptoms of COVID-19 include:	
Temp of 100.4 or greater or subjective fever	Unexplained Rash
Dry cough	Diarrhea
Shortness of breath	Fatigue
Loss of/change in sense of smell or taste	Nausea or Vomiting
Unexplained Muscle Aches or Pains/Chills	Abdominal Pain
Sore throat	Headache – Mild to Severe

To help prevent the spread of illness, it is recommended that you follow these important tips:

- WASH YOUR HANDS FREQUENTLY!
- USE A TISSUE WHEN YOU COUGH OR SNEEZE!
- PRACTICE SOCIAL DISTANCING!
- WEAR FACE COVERINGS! (required in the state of Kentucky)

WASHINGTON COUNTY, LET'S STAY HEALTHY!