

NORTH WASHINGTON ELEMENTARY/MIDDLE K-5/6-8 MENU

WEEKS OF:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan. 8-12	BREAKFAST MENU French Toast or Cereal/Honey Crackers Mixed Fruit or Juice	BREAKFAST MENU Sausage/Gravy & Biscuit or Cereal/Poptart Peaches or Juice	BREAKFAST MENU Bacon, Omelet, & Toast or Cereal/Honey Crackers Pears or Juice	BREAKFAST MENU Breakfast Pizza or Cereal/Poptart Applesauce or Juice	BREAKFAST MENU Icing Donut or Cereal/Honey Crackers Pineapple or Juice
Feb. 5-9	GRAB & GO French Toast or Daily Option Choice (See Right Corner)	GRAB & GO Sausage & Biscuit or Daily Option Choice (See Right Corner)	GRAB & GO Bacon, Omelet, & Toast or Daily Option Choice (See Right Corner)	GRAB & GO Breakfast Pizza or Daily Option Choice (See Right Corner)	GRAB & GO Icing Donut or Daily Option Choice (See Right Corner)
Mar. 5-9					
Apr. 9-13					
	LUNCH MENU Cheesy Bread/Marinara Sauce Popcorn Chicken/Bread Green Beans Corn on the Cob Peaches Apple/Juice	LUNCH MENU Zesty Taco/ Scoops Asian Chicken/Scoops Baked Potato/Sour Cream Salsa/Rice Lettuce/Cheese Pears/Strawberries/Juice	LUNCH MENU School Pizza Chicken Fajita Wrap Corn Tossed Salad/Cheese Sour Cream/Applesauce Banana/Juice Cookie	LUNCH MENU Cheeseburger/Bun Deli Turkey/Cheese/Bun Oven Fries/ Veg Medley Tomato/Lettuce Pineapple Orange Wedges/Juice	LUNCH MENU Fish/Bun Chicken Patty/Bun Pinto Beans/Hashbrowns Mac & Cheese Mandarin Oranges/Apple/Juice Ice Cream Cup
Jan. 15-19	BREAKFAST MENU Dutch Waffle or Cereal/Honey Crackers Mixed Fruit or Juice	BREAKFAST MENU Chicken/Gravy & Biscuit Cereal/Poptart Peaches or Juice	BREAKFAST MENU Mini Maple Pancakes Cereal/Honey Crackers Pears or Juice	BREAKFAST MENU Breakfast Pizza or Cereal/Poptart Applesauce or Juice	BREAKFAST MENU Donut Holes or Cereal/Honey Crackers Pineapple or Juice
Feb. 12-16	GRAB & GO Dutch Waffle or Daily Option Choice (See Right Corner)	GRAB & GO Chicken & Biscuit or Daily Option Choice (See Right Corner)	GRAB & GO Mini Maple Pancakes Daily Option Choice (See Right Corner)	GRAB & GO Breakfast Pizza or Daily Option Choice (See Right Corner)	GRAB & GO Donut Holes or Daily Option Choice (See Right Corner)
Mar. 12-16					
	LUNCH MENU Chicken Tenders/Bread Mini Corn Dogs Whole Potatoes Green Beans Peaches Apple/Juice Mini Rice Krispy Treat	LUNCH MENU Pepperoni French Bread Pork BBQ/Bun Crispy Cube Potatoes Baked Beans Pears Strawberries/Juice	LUNCH MENU Baked Spaghetti/Garlic Toast Hot Ham & Cheese/Bun Corn Tossed Salad Applesauce Banana/Juice Ash Wednesday--Fish	LUNCH MENU Chicken Leg /Roll Chicken & Noodles/Roll Mashed Potatoes Green Peas Pineapple Orange Wedges/Juice Cup HOLIDAY MEAL DAY	LUNCH MENU Hot Dog/Bun Cheese Quesadilla/Salsa Crispy Tots Broccoli w/Cheese Mandarin Oranges Apple/Juice
Jan. 22-26	BREAKFAST MENU French Toast or Cereal/Honey Crackers Mixed Fruit or Juice	BREAKFAST MENU Sausage/Gravy & Biscuit Cereal/Poptart Peaches or Juice	BREAKFAST MENU Bacon, Omelet, & Toast Cereal/Honey Crackers Pears or Juice	BREAKFAST MENU Breakfast Pizza Cereal/Poptart Applesauce or Juice	BREAKFAST MENU Icing Donut or Cereal/Honey Crackers Pineapple or Juice
Feb. 19-23	Grab & Go French Toast or Daily Option Choice (See Right Corner)	GRAB & GO Sausage & Biscuit or Daily Option Choice (See Right Corner)	GRAB & GO Bacon, Omelet, & Toast Daily Option Choice (See Right Corner)	GRAB & GO Breakfast Pizza or Daily Option Choice (See Right Corner)	GRAB & GO Icing Donut or Daily Option Choice (See Right Corner)
Mar. 19-23					
	LUNCH MENU Popcorn Chicken/Biscuit Ham Slice/Biscuit Mashed Potatoes/Gravy Corn on the Cob Peaches/Apple/Juice Chocolate Chip Gripz	LUNCH MENU Beef & Cheese Burrito Chicken Nuggets/Bread Baked Potato/Sour Cream Salsa/Rice Lettuce Pears/Strawberries/Juice	LUNCH MENU School Pizza Chicken Fajita Wrap Corn Tossed Salad/Cheese Sour Cream/Applesauce Banana/Juice	LUNCH MENU Cheeseburger/Bun Deli Turkey/Cheese/Bun Oven Fries/Veg Medley Tomato/Lettuce Pineapple Orange Wedges/Juice	LUNCH MENU Fish/Bun Chicken Patty/Bun Pinto Beans/Hashbrown Mac & Cheese Mandarin Oranges/Apple/Juice Ice Cream Cup
Jan. 29- Feb. 2	BREAKFAST MENU Dutch Waffle or Cereal/Honey Crackers Mixed Fruit or Juice	BREAKFAST MENU Chicken/Gravy & Biscuit Cereal/Poptart Peaches or Juice	BREAKFAST MENU Mini Maple Pancakes Cereal/Honey Crackers Pears or Juice	BREAKFAST MENU Breakfast Pizza or Cereal/Poptart Applesauce or Juice	BREAKFAST MENU Donut Holes or Cereal/Honey Crackers Pineapple or Juice
Feb. 26- Mar. 2	GRAB & GO Dutch Waffle or Daily Option Choice (See Right Corner)	GRAB & GO Chicken & Biscuit or Daily Option Choice (See Right Corner)	GRAB & GO Mini Maple Pancakes Daily Option Choice (See Right Corner)	GRAB & GO Breakfast Pizza or Daily Option Choice (See Right Corner)	GRAB & GO Donut Holes or Daily Option Choice (See Right Corner)
Mar. 26-30					
	LUNCH MENU Pepperoni French Bread Mini Corn Dogs Corn Tossed Salad Peaches Apple/Juice	LUNCH MENU Chicken Rings/Bread Slice Bosco Sticks/Marinara Sauce Whole Potatoes Baked Beans Pears/Strawberries/Juice Cookie	LUNCH MENU Chili/Peanut Free Sandwich Chili/Grilled Cheese Carrots/Broccoli w/Ranch Crackers Applesauce/Banana/Juice Frito Chips	LUNCH MENU Chicken Nuggets/Roll Salisbury Steak/Gravy/Roll Mashed Potatoes Green Peas Pineapple Orange Wedges/Juice Cup	LUNCH MENU BBQ Chicken Flatbread Cheese Sticks/Marinara Sauce Crispy Tots Broccoli w/Cheese Sauce Mandarin Oranges Apple/Juice

Students may purchase a la carte items if they have money in their account.

1% White and Fat Free Chocolate Milk Offered Daily at Breakfast and Lunch

Menu Subject to Change

Fresh Fruit may vary depending on quality

Students may choose one of the two entrees listed for breakfast and lunch.

USDA nondiscrimination statement:

<http://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx>



HOLIDAY MEAL
March 22nd



Daily Option Choice

Mini Donuts- Mon & Tues

Yogurt & Granola- Wed

Cinnamon Swirl-Thur

Cereal & Muffin-Fri

Poptarts & Juice- Daily

Applesauce-Monday

Apple Slices-Tuesday

Banana-Wednesday

Whole Apple-Thursday

Apple Slices-Friday