

## WASHINGTON COUNTY ELEMENTARY/MIDDLE SCHOOL MENU

| WEEKS OF:       | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|-----------------|--|---|--|---|---|
| Jan. 8-12       | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>   |
| Feb. 5-9        | French Toast Sticks/Syrup or<br>Cereal/Honey Crackers  | Sausage/Gravy & Biscuit or<br>Cereal/Poptart  | Bacon, Omelet & Toast or<br>Cereal/Honey Crackers  | Breakfast Pizza or<br>Cereal/Poptart  | Icing Donut or<br>Cereal/Honey Crackers   |
| Mar. 5-9        | Mixed Fruit or Juice   | Peaches or Juice  | Pears or Juice   | Applesauce or Juice   | Pineapple or Juice  |
| Apr. 9-13       | <b>GRAB &amp; GO</b><br>Pancake on a Stick or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Sausage & Biscuit or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Bacon, Omelet, & Toast or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Breakfast Pizza or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Icing Donut or<br>Daily Option Choice<br>(See Right Corner)   |
|                 | <b>LUNCH MENU</b><br>Cheezy Bread/Marinara Sauce<br>Popcorn Chicken/Bread<br>Green Beans<br>Corn on the Cob<br>Peaches<br>Apple/Juice                        | <b>LUNCH MENU</b><br>Zesty Taco/ Scoops<br>Asian Chicken/Scoops<br>Baked Potato/Sour Cream<br>Salsa/ Rice<br>Lettuce/Cheese<br>Pears/Strawberries/Juice | <b>LUNCH MENU</b><br>School Pizza<br>Chicken Fajita Wrap<br>Corn<br>Tossed Salad/ Cheese<br>Sour Cream/Applesauce<br>Banana/Juice<br>Cookie                    | <b>LUNCH MENU</b><br>Cheeseburger/Bun<br>Deli Turkey/Cheese/Bun<br>Oven Fries/Veg Medley<br>Tomato/Lettuce<br>Pineapple<br>Orange Wedges/Juice                      | <b>LUNCH MENU</b><br>Fish/Bun<br>Chicken Patty/Bun<br>Pinto Beans/Hashbrown<br>Mac & Cheese<br>Mandarin Oranges/Apple/Juice<br>Ice Cream                |
| Jan. 15-19      | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>   |
| Feb. 12-16      | Dutch Waffle or<br>Cereal/Honey Crackers   | Chicken/Gravy & Biscuit or<br>Cereal/Poptart  | Mini Maple Pancakes or<br>Cereal/Honey Crackers  | Breakfast Pizza or<br>Cereal/Poptart  | Donut Holes or<br>Cereal/Honey Crackers   |
| Mar. 12-16      | Mixed Fruit or Juice   | Peaches or Juice  | Pears or Juice   | Applesauce or Juice   | Pineapple or Juice  |
|                 | <b>GRAB &amp; GO</b><br>Dutch Waffle or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Chicken & Biscuit or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Mini Maple Pancakes or<br>Daily Option Choice<br>(See Right Corner)  | <b>GRAB &amp; GO</b><br>Breakfast Pizza or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Donut Holes or<br>Daily Option Choice<br>(See Right Corner)   |
|                 | <b>LUNCH MENU</b><br>Chicken Tenders/Bread<br>Mini Corn Dogs<br>Whole Potatoes<br>Green Beans<br>Peaches<br>Apple/Juice<br>Mini Rice Krispy Treat            | <b>LUNCH MENU</b><br>Pepperoni French Bread<br>Pork BBQ/Bun<br>Crispy Cube Potatoes<br>Baked Beans<br>Pears<br>Strawberries/Juice                       | <b>LUNCH MENU</b><br>Baked Spaghetti/Garlic Toast<br>Hot Ham & Cheese/Bun<br>Corn<br>Tossed Salad<br>Applesauce<br>Banana/Juice<br><b>Ash Wednesday - Fish</b> | <b>LUNCH MENU</b><br>Chicken Leg/Roll<br>Chicken & Noodles/Roll<br>Mashed Potatoes<br>Green Peas<br>Pineapple<br>Orange Wedges/Juice Cup<br><b>HOLIDAY MEAL DAY</b> | <b>LUNCH MENU</b><br>Hot Dog/Bun<br>Cheese Quesadilla/Salsa<br>Crispy Tots<br>Green Peas<br>Mandarin Oranges<br>Apple/Juice                             |
| Jan. 22-26      | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>   |
| Feb. 19-23      | French Toast Sticks/Syrup or<br>Cereal/Honey Crackers  | Sausage/Gravy & Biscuit or<br>Cereal/Poptart  | Bacon, Omelet & Toast or<br>Cereal/Honey Crackers  | Breakfast Pizza or<br>Cereal/Poptart  | Icing Donut or<br>Cereal/Honey Crackers   |
| Mar. 19-23      | Mixed Fruit or Juice   | Peaches or Juice  | Pears or Juice   | Applesauce or Juice   | Pineapple or Juice  |
|                 | <b>GRAB &amp; GO</b><br>Pancake on a Stick or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Sausage & Biscuit or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Bacon, Omelet, & Toast or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Breakfast Pizza or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Icing Donut or<br>Daily Option Choice<br>(See Right Corner)   |
|                 | <b>LUNCH MENU</b><br>Popcorn Chicken/Biscuit<br>Ham Slice/Biscuit<br>Mashed Potatoes/Gravy<br>Corn on the Cob<br>Peaches/Apple/Juice<br>Chocolate Chip Gripz | <b>LUNCH MENU</b><br>Beef & Cheese Burrito<br>Chicken Nuggets/Bread<br>Baked Potato/Sour Cream<br>Salsa/Rice<br>Lettuce<br>Pears/Strawberries/Juice     | <b>LUNCH MENU</b><br>School Pizza<br>Chicken Fajita Wrap<br>Corn<br>Tossed Salad/Cheese<br>Sour Cream/Applesauce<br>Banana/Juice                               | <b>LUNCH MENU</b><br>Cheeseburger/Bun<br>Deli Turkey/Cheese/Bun<br>Oven Fries/Veg Medley<br>Tomato/Lettuce<br>Pineapple<br>Orange Wedges/Juice                      | <b>LUNCH MENU</b><br>Fish/Bun<br>Chicken Patty/Bun<br>Pinto Beans/Hashbrown<br>Mac & Cheese<br>Mandarin Oranges/Apple/Juice<br>Ice Cream                |
| Jan. 29- Feb. 2 | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>  | <b>BREAKFAST MENU</b>   | <b>BREAKFAST MENU</b>   |
| Feb. 26-Mar. 2  | Dutch Waffle or<br>Cereal/Honey Crackers   | Chicken/Gravy & Biscuit or<br>Cereal/Poptart  | Mini Maple Pancakes or<br>Cereal/Honey Crackers  | Breakfast Pizza or<br>Cereal/Poptart  | Donut Holes or<br>Cereal/Honey Crackers   |
| Mar. 26-30      | Mixed Fruit or Juice   | Peaches or Juice  | Pears or Juice   | Applesauce or Juice   | Pineapple or Juice  |
|                 | <b>GRAB &amp; GO</b><br>Dutch Waffle or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Chicken & Biscuit or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Mini Maple Pancakes or<br>Daily Option Choice<br>(See Right Corner)  | <b>GRAB &amp; GO</b><br>Breakfast Pizza or<br>Daily Option Choice<br>(See Right Corner)   | <b>GRAB &amp; GO</b><br>Donut Holes or<br>Daily Option Choice<br>(See Right Corner)   |
|                 | <b>LUNCH MENU</b><br>Pepperoni French Bread<br>Mini Corn Dogs<br>Corn<br>Tossed Salad<br>Peaches<br>Apple/Juice  | <b>LUNCH MENU</b><br>Chicken Rings/Bread Slice<br>Bosco Sticks/Marinara Sauce<br>Whole Potatoes<br>Baked Beans<br>Pears/Strawberries/Juice<br>Cookie    | <b>LUNCH MENU</b><br>Chili/Peanut Free Sandwich<br>Chili/Grilled Cheese<br>Carrots/Broccoli w/Ranch<br>Crackers<br>Applesauce/Banana/Juice<br>Frito Chips      | <b>LUNCH MENU</b><br>Chicken Nuggets/Roll<br>Salisbury Steak/Roll<br>Mashed Potatoes/Gravy<br>Green Peas<br>Pineapple<br>Orange Wedges/Juice Cup                    | <b>LUNCH MENU</b><br>BBQ Chicken Flatbread<br>Cheese Sticks/Marinara Sauce<br>Crispy Tots<br>Broccoli w/Cheese Sauce<br>Mandarin Oranges<br>Apple/Juice |

Students may purchase a la carte items if they have money in their account.

1% White and Fat Free Chocolate Milk Offered Daily at Breakfast and Lunch

Menu Subject to Change

Fresh Fruit may vary depending on quality

Students may choose one of the two entrees listed for breakfast and lunch.

USDA nondiscrimination statement:

<http://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx>

### Daily Option Choice

Mini Donuts- Mon & Tues

Yogurt & Granola- Wed

Cinnamon Swirl-Thur

Cereal & Muffin-Fri

Poptarts & Juice- Daily

Applesauce-Monday

Apple Slices-Tuesday

Banana-Wednesday

Whole Apple-Thursday

Apple Slices-Friday



**HOLIDAY MEAL**

March 22nd

